

Grilled Veggie Ciabatta Pizza

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-and-veggie-pasta-recipe>

Ingredients:

- 1 ciabatta loaf Take and Bake style, unbaked, I used a La Brea Bakery Rustic Ciabatta
- olive oil
- 1 cup veggies chopped, leftover grilled, I used zucchini, yellow squash, bell pepper and radishes
- 2 tablespoons chopped onion if you don't have any onion in your grilled veggie blend
- 2 tablespoons fresh parsley chopped, the composting pigs love the stems
- 1/4 cup italian sausage cooked, optional, especially good to encourage hesitant grilled veg eaters
- 1/2 cup pizza sauce your choice, this is summertime, take it easy
- 1/4 cup goat cheese crumbles
- 1/2 cup shredded cheese blend
- pasta
- italian seasoning

Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 40 milligrams
4. Fat: 24 grams
5. Fiber: 6 grams
6. Protein: 24 grams
7. SaturatedFat: 10 grams
8. Sodium: 970 milligrams
9. Sugar: 3 grams

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