

Sausage Leek Ragu Gnocchi

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-and-leeks-recipe>

Ingredients:

- 1 tablespoon olive oil
- 3/4 pound italian sausage mild, casings removed
- 1 leek large, chopped
- 1 teaspoon fresh thyme chopped
- 2 tablespoons fresh parsley chopped
- 2 cloves garlic minced
- 1/4 teaspoon salt or to taste
- 1/4 teaspoon black pepper freshly ground, or to taste
- 1/4 teaspoon red pepper flakes
- 28 ounces crushed tomatoes 1 can
- 1 pound potato gnocchi
- Parmesan cheese freshly grated

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 65 milligrams
4. Fat: 31 grams
5. Fiber: 5 grams
6. Protein: 21 grams
7. SaturatedFat: 10 grams
8. Sodium: 1490 milligrams
9. Sugar: 1 grams

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