

Sausage and Cabbage Casserole with Apples

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-and-cabbage-casserole-recipe>

Ingredients:

- olive oil
- 1 pound green cabbage or red, sliced ½-inch thick
- 1 1/2 pounds Italian sausage sweet or hot, halved
- 3 apples sweet crisp, sweet, such as gala or Fuji, cored and sliced into ½-inch wedges
- 1 pound small red potatoes halved or quartered
- 1/2 red onion thinly sliced
- salt
- pepper
- 1/2 cup unsweetened apple sauce
- 2 tablespoons apple cider vinegar
- 2 tablespoons brown sugar
- 1 teaspoon prepared horseradish

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 85 milligrams
4. Fat: 39 grams
5. Fiber: 6 grams
6. Protein: 18 grams
7. SaturatedFat: 13 grams
8. Sodium: 980 milligrams
9. Sugar: 15 grams

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