

Bowtie Pasta with Italian Sausage

Yield: 5 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-sausage-and-bowtie-pasta>

Ingredients:

- 16 ounces bow tie pasta
- 1 pound bulk italian sausage mild
- 1 1/2 teaspoons minced garlic
- 2 cans stewed tomatoes 14.5 oz each Italian, drained and chopped
- 1 1/2 cups heavy whipping cream
- 1/2 teaspoon salt
- 1/4 teaspoon dried basil
- 1 cup shredded Parmesan cheese
- 1/2 teaspoon crushed red pepper flakes
- 1/2 cup chopped onion

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 180 milligrams
4. Fat: 61 grams
5. Fiber: 3 grams
6. Protein: 32 grams
7. SaturatedFat: 29 grams
8. Sodium: 1200 milligrams
9. Sugar: 4 grams

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