

Italian Lasagna

Yield: 4 min
Total Time: 195 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-sausage-and-beef-lasagna-recipe>

Ingredients:

- 1 pound Italian sausage sweet
- 3/4 pound lean beef ground
- 2 cloves garlic crushed
- 28 ounces crushed tomatoes
- 12 ounces tomato paste
- 13 ounces tomato sauce canned
- 1/2 cup water
- 2 cups white sugar
- 1 1/2 teaspoons dried basil leaves
- 1/2 teaspoon fennel seeds
- 1 teaspoon Italian seasoning
- 1 tablespoon salt
- 1/4 teaspoon black pepper powdered
- 4 tablespoons chopped parsley
- 12 lasagna noodles
- 16 ounces ricotta cheese
- 1 egg
- 1/2 teaspoon salt
- 3/4 cup mozzarella cheese sliced, grated

Nutrition:

1. Calories: 1530 calories
2. Carbohydrate: 150 grams
3. Cholesterol: 280 milligrams
4. Fat: 79 grams
5. Fiber: 11 grams
6. Protein: 59 grams
7. SaturatedFat: 34 grams
8. Sodium: 4500 milligrams

9. Sugar: 120 grams

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