

Salmon Tartare

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-salmon-tartare-recipe>

Ingredients:

- 1 pound salmon
- 1 pickle
- 1 green onion
- 2 teaspoons capers
- 1 1/2 teaspoons Dijon mustard
- 1 1/2 teaspoons mirin
- 1/2 tablespoon mayo
- 1/4 teaspoon salt
- 1/8 teaspoon black pepper

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 60 milligrams
4. Fat: 4.5 grams
5. Protein: 23 grams
6. SaturatedFat: 1 grams
7. Sodium: 390 milligrams

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