

# Homemade Italian Salad Dressing

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-salad-dressing-recipe-with-fresh-herbs>

## Ingredients:

- 3/4 cup Star Extra Virgin Olive Oil
- 1/4 cup white wine vinegar STAR
- 2 tablespoons fresh lemon juice
- 4 garlic cloves minced
- 1/4 cup fresh parsley chopped
- 2 teaspoons dried basil
- 1/2 teaspoon crushed red pepper dried
- 1/4 teaspoon dried oregano
- salt
- ground pepper

## Nutrition:

1. Calories: 20 calories
2. Carbohydrate: 4 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 200 milligrams

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