

# Bermuda Rum Swizzle

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/rum-chicken-recipe-indian>

## Ingredients:

- 4 ounces rum Gosling's Black Seal
- 4 ounces gold rum Gosling's
- 8 ounces pineapple juice
- 8 ounces orange juice
- 3/4 ounce grenadine
- 6 dashes Angostura bitters

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 17 grams
3. Protein: 1 grams
4. Sugar: 13 grams

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