

# Tri-Color Italian Rotini Pasta Salad

Yield: 5 min  
Total Time: 380 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-rotini-pasta-recipe>

## Ingredients:

- 1 pound rotini pasta package of tri-color
- 1/2 red onion a medium, chopped
- 1 stalk celery chopped
- 1/2 green bell pepper a medium, chopped
- 1/2 red bell pepper a medium, chopped
- 1 can pitted black olives medium, sliced
- 1 cup Italian dressing commercial or homemade
- 1 tomato seeded and chopped
- Parmesan cheese to garnish, optional
- crumbled bacon to garnish, optional

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 76 grams
3. Cholesterol: 5 milligrams
4. Fat: 16 grams
5. Fiber: 4 grams
6. Protein: 14 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 820 milligrams
9. Sugar: 8 grams

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