

Tomato Basil and Romano Ricotta Spaghetti Pies

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-romano-pole-beans-recipe>

Ingredients:

- 2 tablespoons extra virgin olive oil
- 1 cup white onion finely chopped
- 2 tablespoons minced garlic fresh
- 1/2 pound lean ground beef
- 1/2 teaspoon kosher salt
- 1/4 teaspoon cracked black pepper fresh
- 28 ounces diced tomatoes
- 8 fresh basil leaves chopped
- 1/4 cup romano cheese fresh grated
- 2 cups ricotta cheese
- 1/2 cup shredded mozzarella cheese
- 1/2 cup romano cheese fresh grated
- 1/4 teaspoon kosher salt
- 1/4 teaspoon cracked black pepper fresh
- 1/4 teaspoon garlic salt Lawry's, with parsley
- 1 pound noodles whole wheat pasta
- 1 dough roll French Bread
- 1/4 cup romano cheese fresh grated
- 1 1/2 cups shredded mozzarella cheese

Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 135 milligrams
4. Fat: 38 grams
5. Fiber: 4 grams
6. Protein: 36 grams

7. SaturatedFat: 16 grams
 8. Sodium: 870 milligrams
 9. Sugar: 5 grams
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