

Crock-pot Italian Pork Roast

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/roast-pork-slow-cooker-italian-recipe-emeril-lagasse>

Ingredients:

- 3 pounds pork shoulder or pork loin
- 1 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 1/2 teaspoon ground thyme
- 1/2 teaspoon ground sage
- 1/2 teaspoon dried rosemary
- 1/2 teaspoon garlic powder
- 1/2 cup chicken broth

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 230 milligrams
4. Fat: 24 grams
5. Protein: 69 grams
6. SaturatedFat: 7 grams
7. Sodium: 860 milligrams

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