

# Baked Lasagna Casserole

Yield: 7 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-ricotta-and-orange-cake-recipe>

## Ingredients:

- 1 onion diced
- 4 cloves garlic
- 6 ounces mushrooms sliced
- 1 pound ground turkey
- 1 teaspoon salt
- 1/4 teaspoon black pepper
- 2 teaspoons dried basil
- 1/2 teaspoon dried oregano
- 1 orange or yellow, red, diced bell pepper
- 1/2 cup dry red wine
- 28 ounces crushed tomatoes
- 2 tablespoons tomato paste
- 14 ounces diced tomatoes petite
- 1/4 teaspoon crushed red pepper flakes optional
- 1 teaspoon sugar
- 2 cups ricotta
- 1 egg
- 1/4 cup Parmesan
- 10 ounces fresh spinach chopped
- salt and pepper, to taste
- 1 pound cooked penne pasta box of
- 6 ounces fresh mozzarella grated

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 140 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams

6. Protein: 32 grams
  7. SaturatedFat: 11 grams
  8. Sodium: 1010 milligrams
  9. Sugar: 5 grams
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