

Bean and Radish Salad

Yield: 10 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-tongue-recipe>

Ingredients:

- 1 1/2 cups cannellini beans dried
- 1 yellow onion
- 1 celery rib halved
- 1 carrot
- kosher salt
- freshly ground pepper
- extra-virgin olive oil to taste
- 1/4 cup vinegar Zinfandel
- 1 lemon
- 1/4 cup pure olive oil
- 1/4 cup extra virgin olive oil
- kosher salt
- freshly ground pepper
- tongue
- 1 pound beans
- 8 red radishes trimmed and cut into slices 1/4 inch thick
- 1 red onion thinly sliced into rings
- kosher salt
- freshly ground pepper
- 1/3 cup fresh basil leaves small, preferably Piccolo Fino Verde

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 14 grams
3. Fat: 13 grams
4. Fiber: 3 grams
5. Protein: 4 grams
6. SaturatedFat: 2 grams
7. Sodium: 250 milligrams

8. Sugar: 3 grams

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