## RecipesCh@~se

## No Bake Oatmeal Raspberry Sandwich Cookies

Yield: 5 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/italian-raspberry-sandwich-cookies-recipe

## **Ingredients:**

- 1 cup gluten-free oats Bob's Red Mill
- 10 medjool dates pitted and halved
- 1 tablespoon coconut oil
- 1 teaspoon vanilla extract
- 1/2 cup raspberries
- 3 tablespoons coconut butter

## Nutrition:

- 1. Calories: 220 calories
- 2. Carbohydrate: 34 grams
- 3. Fat: 7 grams
- 4. Fiber: 6 grams
- 5. Protein: 6 grams
- 6. SaturatedFat: 4.5 grams
- 7. Sugar: 10 grams

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