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## Pumpkin Spice Italian Pumpkin Ravioli

Yield: 2 min Total Time: 75 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/italian-pumpkin-flower-recipe">https://www.recipeschoose.com/recipes/italian-pumpkin-flower-recipe</a>

## **Ingredients:**

- 1/2 cup all purpose flour
- 1/4 cup semolina
- 2 egg yolks
- · water if needed
- 1 cup pumpkin peeled and cut in chunks
- 1 teaspoon pumpkin spice
- 1 tablespoon grated Parmesan cheese
- 1 teaspoon cane sugar brown
- 1 pinch salt
- 1 tablespoon almond flour
- 1 tablespoon mustard

## **Nutrition:**

Calories: 320 calories
Carbohydrate: 52 grams
Cholesterol: 215 milligrams

4. Fat: 8 grams5. Fiber: 4 grams6. Protein: 12 grams

7. SaturatedFat: 2.5 grams8. Sodium: 290 milligrams

9. Sugar: 4 grams

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