

Italian Almond Paste Cookies

Yield: 4 min
Total Time: 87 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-nut-cake-recipe>

Ingredients:

- 2 egg whites
- 8 ounces almond paste NOT almond filling, SOLO brand almond paste recommended over ODENSE brand, but see recipe notes for modifications
- 2/3 cup granulated sugar
- 1/2 teaspoon salt
- 1/2 teaspoon vanilla extract
- 1/2 cup almond flour
- powdered sugar for dusting
- sliced almonds optional

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 67 grams
3. Fat: 24 grams
4. Fiber: 5 grams
5. Protein: 10 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 330 milligrams
8. Sugar: 57 grams

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