

# Floral Italian Pudding

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pudding-recipe>

## Ingredients:

- 2 egg whites
- 4 egg yolks
- 1 1/2 cups powdered sugar
- 2 teaspoons rose water
- 2 cups mascarpone
- 4 tablespoons water
- 5 tablespoons liqueur rose, rosolio
- 7 ladyfinger
- rose petal see note
- powdered sugar

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 310 milligrams
4. Fat: 22 grams
5. Protein: 13 grams
6. SaturatedFat: 11 grams
7. Sodium: 290 milligrams
8. Sugar: 57 grams

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