

# Sparkly Sugar Plums for Christmas

Yield: 50 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-plum-pudding-recipe>

## Ingredients:

- 2 cups toasted walnuts chopped
- 1/4 cup honey
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground allspice
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon ground coriander
- 1 teaspoon orange zest
- 1 cup prunes pitted, finely chopped
- 1/2 cup dried apricots finely chopped
- 1/2 pitted dates finely chopped
- powdered sugar for rolling coating the balls
- plum purple disco dust, I got mine from Layer Cake Shop

## Nutrition:

1. Calories: 45 calories
2. Carbohydrate: 4 grams
3. Fat: 3.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy Sparkly Sugar Plums for Christmas above. You can see more 15 jamaican plum pudding recipe Try these culinary delights! to get more great cooking ideas.