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Porchetta Sandwich with Italian Salsa Verde

Yield: 4 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-italian-porketta

Ingredients:

- 1/2 medium red onion thinly sliced
- 2 tablespoons red wine vinegar
- 1 1/2 teaspoons granulated sugar
- 1/2 teaspoon kosher salt
- 1 cup Italian parsley leaves tightly packed
- 1 tablespoon red wine vinegar
- 2 tablespoons brined capers drained
- 1 teaspoon lemon zest
- 2 anchovy fillets
- 2 large garlic cloves peeled*
- 1/3 cup extra virgin olive oil
- kosher salt
- freshly ground black pepper
- 4 Ciabatta rolls large
- 16 slices porchetta
- 1/4 inch crackling
- 1 cup baby arugula

Nutrition:

- 1. Calories: 1540 calories
- 2. Carbohydrate: 255 grams
- 3. Fat: 38 grams
- 4. Fiber: 16 grams
- 5. Protein: 46 grams
- 6. SaturatedFat: 8 grams
- 7. Sodium: 3560 milligrams
- 8. Sugar: 7 grams

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