

Italian Pork Sausage Meatballs

Yield: 6 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pork-sausage-recipe>

Ingredients:

- 2 pounds mild Italian sausage ground
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 2 small eggs beaten
- 1 1/4 cups panko bread crumbs
- 1/4 cup fresh parsley or basil, chopped

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 185 milligrams
4. Fat: 49 grams
5. Protein: 24 grams
6. SaturatedFat: 17 grams
7. Sodium: 1340 milligrams
8. Sugar: 1 grams

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