

Skinny Slow Cooker Italian Pork Roast

Yield: 4 min
Total Time: 370 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pork-roast-recipe-oven>

Ingredients:

- 2 pounds boneless pork roast lean, sirloin or tenderloin 2 pounds lean boneless pork roast, sirloin or tenderloin
- 28 ounces canned diced tomatoes undrained 28 ounces canned diced tomatoes, undrained
- 1/2 cup grated Parmesan cheese 1/2 cup grated Parmesan cheese
- 1 tablespoon parsley 1 tablespoon parsley
- 1 teaspoon garlic powder substitute 3 to 4 cloves fresh minced garlic if you prefer 1 teaspoon garlic powder, substitute 3 to 4 cloves...
- 1 teaspoon dried basil 1 teaspoon dried basil
- 1 teaspoon dried oregano 1 teaspoon dried oregano
- 1/2 teaspoon black pepper 1/2 teaspoon black pepper

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 10 milligrams
4. Fat: 3.5 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. Saturated Fat: 2 grams
8. Sodium: 450 milligrams

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