

Italian Pork Loin Braised in Milk

Yield: 4 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-pork-loin-recipe>

Ingredients:

- 3 tablespoons butter
- 3 tablespoons olive oil
- 4 cloves garlic minced
- 1/2 onion a large, chopped finely
- 6 tablespoons pancetta chopped finely
- 2 pounds pork loin select one with a nice amount of fat
- sea salt Freshly grated
- freshly grated black pepper
- 3 cups whole milk
- 2 cups heavy cream
- 1 tablespoon capers crushed
- 2 teaspoons fresh sage chopped
- 2 leaves fresh sage
- 1 teaspoon lemon zest

Nutrition:

1. Calories: 1250 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 385 milligrams
4. Fat: 107 grams
5. Protein: 57 grams
6. SaturatedFat: 53 grams
7. Sodium: 710 milligrams
8. Sugar: 10 grams

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