

Grilled Italian Pork Chops

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/saucy-italian-pork-chops-recipe>

Ingredients:

- 4 pork chops 3/4 inch thick
- salt and ground black pepper to taste
- 4 slices ham
- 4 slices tomato
- 4 slices mozzarella cheese
- fresh oregano chopped, to taste
- paprika to taste

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 115 milligrams
4. Fat: 16 grams
5. Fiber: 2 grams
6. Protein: 45 grams
7. SaturatedFat: 6 grams
8. Sodium: 900 milligrams
9. Sugar: 1 grams

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