

Mustard Balsamic Pork Chops with Rosemary

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pork-chop-recipe-with-vinegar>

Ingredients:

- 6 pork chops
- 1/4 cup olive oil
- 2 tablespoons grainy mustard I used Dijon Wholegrain Mustard
- 1/4 cup balsamic vinegar
- 1 tablespoon fresh rosemary or dry, coarsely chopped
- salt
- pepper

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 115 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 50 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 820 milligrams
9. Sugar: 2 grams

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