

Italian Beef Braciolo

Yield: 4 min

Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-steak-and-peppers>

Ingredients:

- 1 5/16 pounds beef roast top or bottom round, can also use sirloin or silverside, 600g
- 10 slices prosciutto
- 2 garlic cloves finely chopped
- 2 tablespoons fresh parsley finely chopped
- 10 slices pecorino cheese
- 3 cups passata crushed strained tomatoes
- 1 tablespoon fresh basil chopped
- 1 tablespoon olive oil

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 100 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 45 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 2680 milligrams
9. Sugar: 9 grams

Thank you for visiting our website. Hope you enjoy Italian Beef Braciolo above. You can see more 20 recipe italian steak and peppers Try these culinary delights! to get more great cooking ideas.