

Easy Pomodoro Sauce

Yield: 4 min
Total Time: 28 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pomodoro-recipe>

Ingredients:

- 1/4 cup extra virgin olive oil
- 1/2 small yellow onion
- 2 garlic cloves chopped
- 28 ounces whole peeled tomatoes
- 1/4 teaspoon sugar
- 1/4 kosher salt or to taste
- 5 basil leaves

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 15 grams
3. Fat: 14 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 2 grams
7. Sodium: 270 milligrams
8. Sugar: 1 grams

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