

Best Basic Pesto

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pizza-sauce-recipe-no-sugar>

Ingredients:

- 2 cloves garlic crushed
- 2 cups basil leaves packed, coarsely chopped
- 1 teaspoon kosher salt
- 1 tablespoon pine nuts lightly toasted
- 3 tablespoons Parmesan cheese
- 1/2 cup extra-virgin olive oil

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 5 milligrams
4. Fat: 30 grams
5. Protein: 3 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 680 milligrams

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