

# Cinnamon and Sugar Toasted Mini Pita Fruit Nachos

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pita-dessert-recipe>

## Ingredients:

- 1 package pitas mini, from Whole Foods, or 6 regular size pitas cut into triangles will work, if you use 6 regular size pitas, make su...
- 3 tablespoons melted butter
- 3 tablespoons granulated sugar
- 3 tablespoons ground pecans finely
- 1/2 teaspoon ground cinnamon
- 1 pint strawberries washed and chopped
- 2 cups fresh pineapple chopped
- 1 pint raspberries washed and dried
- 1 cup chocolate finely chopped good quality, or chocolate chips
- 8 ounces mascarpone cheese you can substitute softened cream cheese here if you wish
- 2 tablespoons honey

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 105 grams
3. Cholesterol: 45 milligrams
4. Fat: 21 grams
5. Fiber: 15 grams
6. Protein: 19 grams
7. SaturatedFat: 9 grams
8. Sodium: 870 milligrams
9. Sugar: 25 grams

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