

# Sicilian Pignolata-Italian Honey Balls

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pignolata-recipe>

## Ingredients:

- 4 eggs
- 1 tablespoon sugar
- 1/4 teaspoon salt
- 2 tablespoons vegetable oil
- 2 1/4 cups unbleached all-purpose flour extra may be needed
- 1/4 cup sugar
- 1/4 cup water
- 1 Orange large
- 1 cup orange blossom honey
- vegetable oil to fry
- sprinkles

## Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 148 grams
3. Cholesterol: 210 milligrams
4. Fat: 18 grams
5. Fiber: 4 grams
6. Protein: 14 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 230 milligrams
9. Sugar: 87 grams

---

Thank you for visiting our website. Hope you enjoy Sicilian Pignolata-Italian Honey Balls above. You can see more 15 italian pignolata recipe You must try them! to get more great cooking ideas.