

Steak Sandwich

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-steak-sandwich-recipe>

Ingredients:

- 1 pound steak Beef, Strip Steak is recommended
- salt
- pepper
- 2 tablespoons cooking oil
- 1/4 red onion sliced
- 2 slices provolone cheese
- 2 hoagie rolls
- 2 tablespoons mayo

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 10 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 550 milligrams
9. Sugar: 2 grams

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