

Italian Pepper Steak

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-pepper-steak>

Ingredients:

- 1 teaspoon italian seasoning divided
- 1/2 teaspoon salt divided
- 1/2 teaspoon pepper divided
- 1 pound beef top sirloin steak trimmed
- 1 sweet red pepper medium, julienned
- 1 yellow pepper medium sweet, julienned
- 1 onion medium, julienned
- 6 garlic cloves peeled and thinly sliced
- 1 tablespoon olive oil
- 14 1/2 ounces diced tomatoes drained
- 1 teaspoon balsamic vinegar

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 55 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 6 grams
8. Sodium: 360 milligrams
9. Sugar: 6 grams

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