

# Tarradls (Italian Pepper Rings)

Yield: 24 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pepper-rings-recipe>

## Ingredients:

- 2 cups warm water 110 degrees F/45 degrees C
- 1/4 ounce active dry yeast
- 1 cup olive oil
- 1 tablespoon salt
- 7 cups all-purpose flour
- 1 teaspoon ground black pepper
- 1 cup almonds

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 29 grams
3. Fat: 12 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 300 milligrams

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