

Spaghetti With Peas

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-peas-with-pancetta-recipe>

Ingredients:

- 1 pound whole wheat spaghetti
- 2 tablespoons olive oil
- 1 1/2 cups peas fresh or frozen
- 2 large egg yolks
- 2 tablespoons Parmesan cheese freshly grated, plus more for garnish
- 2 tablespoons heavy cream
- 1/2 cup pancetta diced
- 1 yellow onion chopped
- 3 cloves garlic chopped
- 1/2 lemon zested
- 1 tablespoon parsley chopped
- 6 leaves basil

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 66 grams
3. Cholesterol: 85 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 18 grams
7. SaturatedFat: 3 grams
8. Sodium: 170 milligrams
9. Sugar: 3 grams

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