

Italian Panna Cotta

Yield: 6 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-panna-recipe>

Ingredients:

- 2 cups whipping cream
- 1/2 cup whole milk
- 1/2 cup granulated sugar
- 2 teaspoons vanilla extract
- 1 packet gelatin about 1 tbs

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 55 milligrams
4. Fat: 15 grams
5. Protein: 1 grams
6. SaturatedFat: 10 grams
7. Sodium: 25 milligrams
8. Sugar: 18 grams

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