

Spaghetti Pasta Carbonara

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-pancetta-pasta-recipe>

Ingredients:

- 1 tablespoon olive oil or unsalted butter
- 1/2 pound pancetta or thick cut bacon, diced
- 2 garlic cloves minced, about 1 teaspoon, optional
- 4 whole eggs
- 1 cup grated Parmesan cheese
- 1 pound pasta spaghetti, or bucatini or fettuccine
- salt
- black pepper

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 205 milligrams
4. Fat: 16 grams
5. Fiber: 3 grams
6. Protein: 34 grams
7. SaturatedFat: 5 grams
8. Sodium: 1000 milligrams
9. Sugar: 3 grams

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