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Creamy Italian Slow Cooker Chicken Noodle Soup

Yield: 4 min Total Time: 210 min

Recipe from: <u>https://www.recipeschoose.com/recipes/italian-oven-roasted-red-pepper-cream-soup-recipe</u>

Ingredients:

- 3 cups low sodium chicken broth
- 1 boneless skinless chicken breast
- 1 cup fresh spinach finely chopped
- 1/2 cup roasted red peppers
- 1 teaspoon dried parsley
- 1 teaspoon minced garlic
- 1 teaspoon dried oregano
- 1/2 teaspoon salt
- 1/2 teaspoon dried basil
- 1/8 teaspoon black pepper
- 3/4 cup light cream or whole milk
- 1 tablespoon corn starch
- 2 cups pasta Catelli Bistro Fusili
- 1/3 cup Parmesan cheese shredded

Nutrition:

- 1. Calories: 480 calories
- 2. Carbohydrate: 60 grams
- 3. Cholesterol: 65 milligrams
- 4. Fat: 15 grams
- 5. Fiber: 3 grams
- 6. Protein: 28 grams
- 7. SaturatedFat: 7 grams
- 8. Sodium: 810 milligrams
- 9. Sugar: 2 grams

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