

Italian One Pot Pasta

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-one-pot-recipe>

Ingredients:

- 20 ounces mild Italian turkey sausage Honeysuckle White
- 3 garlic cloves diced
- 2 cups chicken stock
- 1 cup heavy cream
- 15 ounces diced tomatoes petite
- 2 tablespoons dried oregano
- 8 ounces rotini pasta uncooked
- 1 cup mozzarella cheese
- Parmesan cheese optional
- green onion optional

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 125 milligrams
4. Fat: 36 grams
5. Fiber: 4 grams
6. Protein: 21 grams
7. SaturatedFat: 21 grams
8. Sodium: 450 milligrams
9. Sugar: 8 grams

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