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Saucy Italian Noodles with Sausage and Peppers

Yield: 6 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-italian-noodles

Ingredients:

- 8 ounces noodles Pappardelle, uncooked
- 3 tablespoons olive oil divided
- 1 pound sausage links spicy Italian, casings removed
- 1 onion medium, quartered and sliced thinly
- 3 garlic coves, minced
- 1 1/2 teaspoons salt
- 1 teaspoon italian seasoning
- 1/2 teaspoon pepper
- 1 red bell pepper cored and thinly sliced
- 1 yellow bell pepper cored and thinly sliced
- 1 orange bell pepper cored and thinly sliced
- 1/2 cup chicken broth
- 29 ounces diced tomatoes with juice cand
- 2 tablespoons flat leaf parsley chopped
- 1/4 cup fresh basil leaves julienned

Nutrition:

Calories: 500 calories
Carbohydrate: 40 grams

3. Cholesterol: 75 milligrams

4. Fat: 30 grams

5. Fiber: 4 grams6. Protein: 17 grams

7. SaturatedFat: 9 grams

8. Sodium: 1300 milligrams

9. Sugar: 7 grams

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