

Mediterranean Mussels With Wine

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-mussels-marinara-recipe>

Ingredients:

- 2 tablespoons Bertolli® Classico Olive Oil divided
- 1 sweet onion
- 1 clove garlic finely chopped
- 1 jar bertolli vineyard premium collect marinara with burgundi wine sauc
- 4 pounds mussels 2 bags, well scrubbed
- 2 tablespoons finely chopped fresh parsley
- 1/4 teaspoon crushed red pepper flakes optional
- 1/2 cup dry white wine or chicken broth
- 8 slices Italian bread 1/2 inch thick, crusty

Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 125 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 59 grams
7. Sodium: 1540 milligrams
8. Sugar: 5 grams

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