

Italian Muffuletta

Yield: 5 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-muffuletta-bread-recipe>

Ingredients:

- 1/4 cup red wine vinegar
- 2 garlic cloves finely chopped
- 1 teaspoon dried oregano
- 1/3 cup olive oil
- 10 pitted green olives large, chopped
- 1/3 cup pitted kalamata olives chopped
- 1/4 cup roasted red bell peppers chopped
- salt
- freshly ground black pepper
- 1 pound bread round, loaf, about 7 inches in diameter
- 4 ounces sliced ham thinly
- 4 ounces mortadella thinly sliced
- 4 ounces sliced salami thinly
- 4 ounces provolone cheese sliced
- 1/2 red onion thinly sliced
- 1 1/2 ounces arugula leaves

Nutrition:

1. Calories: 650 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 55 milligrams
4. Fat: 38 grams
5. Fiber: 3 grams
6. Protein: 24 grams
7. SaturatedFat: 12 grams
8. Sodium: 2070 milligrams
9. Sugar: 5 grams

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