

Homemade Mozzarella Sticks with Marinara Sauce

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-mozzarella-sticks-recipe>

Ingredients:

- 12 pieces mozzarella sticks
- 2 eggs
- 2 tablespoons milk
- 1 cup flour
- 2 cups breadcrumbs
- 1 teaspoon Italian seasoning
- 1 teaspoon garlic powder
- salt
- pepper
- oil
- 1 cup crushed tomatoes
- 1 tablespoon olive oil
- 2 cloves garlic peeled and minced
- 1/2 teaspoon Italian seasoning
- salt
- pepper

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 70 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 590 milligrams
9. Sugar: 2 grams

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