

Fried Mozzarella Cheese Sticks

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-mozzarella-cheese-sticks-recipe>

Ingredients:

- 2 eggs beaten
- 1/4 cup water
- 1 1/2 cups seasoned bread crumbs Italian
- 1/2 teaspoon garlic salt
- 2/3 cup all purpose flour
- 1/3 cup cornstarch
- 1 quart oil for deep frying
- 16 ounces mozzarella cheese sticks

Nutrition:

1. Calories: 1120 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 55 milligrams
4. Fat: 114 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 10 grams
8. Sodium: 160 milligrams
9. Sugar: 1 grams

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