

Stuffed Italian Meatloaf

Yield: 7 min
Total Time: 95 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-meatloaf-recipe-with-ham>

Ingredients:

- 3/4 cup bread crumbs
- 1 tablespoon grated Parmesan
- 1 tablespoon parsley
- 1 tablespoon basil
- 1/4 teaspoon oregano
- 1/4 teaspoon sage
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 3 cloves garlic minced
- 1 onion small, diced
- 2 eggs beaten
- 1/4 cup dry red wine
- 1 1/2 pounds ground beef
- 1 pound ground pork
- 1/4 pound ham slices deli, I usually use a bit more
- 2 cups shredded mozzarella cheese DIVIDED
- 3/4 cup tomato sauce

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 210 milligrams
4. Fat: 40 grams
5. Fiber: 2 grams
6. Protein: 43 grams
7. SaturatedFat: 17 grams
8. Sodium: 820 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

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