

Easiest Italian Meatloaf

Yield: 8 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-meatloaf-recipe-with-cottage-cheese>

Ingredients:

- 2 pounds ground turkey
- 1 pound mozzarella cut into cubes
- 1 cup cottage cheese
- 1/2 cup marinara sauce no sugar added
- 1/2 cup grated Parmesan cheese
- 1/4 cup basil pesto
- 2 eggs
- 2 teaspoons Italian seasoning
- 1 teaspoon salt

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 200 milligrams
4. Fat: 26 grams
5. Fiber: 1 grams
6. Protein: 39 grams
7. SaturatedFat: 12 grams
8. Sodium: 1030 milligrams
9. Sugar: 3 grams

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