

# Italian Meatball and Cheese Tortellini Soup

Yield: 12 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-meatball-stew>

## Ingredients:

- 2 tablespoons butter
- 1 onion diced
- 1 tablespoon garlic minced fresh
- 2 quarts beef stock
- 12 ounces diced tomatoes
- 1/2 cup green beans
- 1/2 cup carrot diced
- 1/2 cup kale chopped
- 1 tablespoon italian seasoning
- 1 bay leaf
- 1 pound italian-style meatballs frozen, cooked, thawed
- 1 pound cheese tortellini fresh
- 2 tablespoons grated Parmesan cheese

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 40 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 15 grams
7. SaturatedFat: 5 grams
8. Sodium: 710 milligrams
9. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Italian Meatball and Cheese Tortellini Soup above. You can see more 15 recipe for italian meatball stew Taste the magic today! to get more great cooking ideas.