

Loaded Grilled Italian Sandwich

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/the-don-sandwich-recipe-italian-meat-tapenade>

Ingredients:

- 16 ounces Italian bread 1 loaf
- 12 ounces Kalamata olives
- 2 cloves garlic
- 1/2 cup marinated artichokes
- 1 cup roasted red bell peppers
- 6 ounces meat sliced cured Italian, salami, prosciutto, etc.
- 6 ounces sliced provolone
- 2 cups arugula

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 30 milligrams
4. Fat: 18 grams
5. Fiber: 4 grams
6. Protein: 15 grams
7. SaturatedFat: 7 grams
8. Sodium: 1150 milligrams
9. Sugar: 1 grams

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