

Lemon Mascarpone Mousse

Yield: 3 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-mascarpone-mousse-recipe>

Ingredients:

- 1 lemon zested and juiced
- 1 cup mascarpone cheese
- 1/4 cup sugar
- 2 tablespoons heavy cream if needed

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 50 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 8 grams
8. Sodium: 150 milligrams
9. Sugar: 18 grams

Thank you for visiting our website. Hope you enjoy Lemon Mascarpone Mousse above. You can see more 15 italian mascarpone mousse recipe Elevate your taste buds! to get more great cooking ideas.