

Fish Tacos with Chipotle Cream

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-marinated-tilapia-recipe>

Ingredients:

- 1/2 cup plain nonfat Greek yogurt
- 2 tablespoons light sour cream
- 2 teaspoons chipotle chiles in adobo sauce chopped canned
- 2 tablespoons olive oil
- 2 tablespoons freshly squeezed lime juice
- salt
- freshly ground black pepper
- 16 ounces tilapia
- 8 corn tortillas 6-inch
- 1 1/2 cups green cabbage shredded
- 1/2 cup corn
- 1/4 cup chopped fresh cilantro
- lime wedges

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 60 milligrams
4. Fat: 12 grams
5. Fiber: 5 grams
6. Protein: 28 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 820 milligrams
9. Sugar: 8 grams

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