

Sautéed Squid Salad With Salsa Verde

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-pickled-squid-salad-recipe>

Ingredients:

- 6 pieces squid
- 1 tentacles
- 2 tablespoons olive oil
- salt
- pepper
- 1 cup fresh cranberry beans cooked
- 1 cup fresh lima beans cooked
- 1/4 red onion sliced
- 1/4 lemon
- 2 heads romaine lettuce or little gem
- 3 tablespoons salsa verde
- 2 bunches parsley
- 1 bunch mint
- 2 tablespoons fresh oregano leaves chopped
- 2 tablespoons tarragon leaves fresh, chopped
- 3 cloves garlic
- 1/2 cup capers salted, rinsed and roughly chopped
- 5 anchovies rinsed
- 1 lemon zest
- 1 Anaheim pepper roasted, peeled and chopped
- salt
- pepper