

Low Sugar Mango Sorbet (without an ice cream freezer)

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-mango-sorbet-recipe>

Ingredients:

- 2 mangoes large very ripe
- 1/2 cup water
- 1/2 cup stevia Granulated, In The Raw, Splenda, or sugar
- 1 1/2 tablespoons fresh lime juice

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 18 grams
3. Fiber: 2 grams
4. Protein: 1 grams
5. Sugar: 16 grams

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